

NOVEMBER 2021

Breakfast and Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Frudel 1 Chicken nuggets Tater tots	Eggs and potatoes 2 Chicken taquitos Refried beans	Bagel 3 Turkey, mashed potatoes and gravy	Pancake pup 4 Hot dog Baked beans	Cinnamon roll 5 Pizza
Muffin 8 Chicken tenders Tater tots	Breakfast sandwich 9 Bean and cheese Burrito	Bagel 10 Macaroni and cheese	No school 11 	Scones 12 Pizza
Frudel 15 Chicken nuggets Tater tots	Eggs and potatoes 16 Chicken taquitos Refried beans	Bagel 17 Chicken Alfredo pasta	Waffles and bacon 18 Corn dog French fries	Cinnamon roll 19 Pizza
22	23	24	25	26
<i>Thanksgiving break</i>				
Muffin 29 Chicken tenders Tater tots	Breakfast sandwich 30 Bean and cheese Burrito			



Served daily with breakfast entrees are assorted whole grain, reduced sugar cereals, yogurt, fruit, juice and milk.

Other daily lunch options are yogurt with a whole grain muffin, or uncrustable.

Offered daily with all lunch entrees are fresh fruits and vegetables, and nonfat chocolate or 1% white milk.